



Doctor's Note

DATE: _____

ELF'S NAME: _____

The Elf above was examined at Tucson ER & Hospital and is in need of rest to regain its magical strength.

To recover, this Elf has been prescribed:

- 3 days of bed rest
- No moving locations, flying to the North Pole, drinking syrup, eating candy canes, dancing, or partaking in any mischief for 3 days

During this recovery period, the Elf may still take notes and report back to Santa Claus, but only after completing their prescribed rest.

Sincerely,
Dr. Murphy